

# TASMANIAN POLE FITNESS CHAMPIONSHIPS 2014 APPLICATION FORM + RULES AND REGULATIONS

PLEASE PRINT, FILL OUT, SCAN AND EMAIL TO [bec@dcpolefitness.com.au](mailto:bec@dcpolefitness.com.au) OR POST TO Diamond Class Pole and Fitness Studio, 56 Burnett St, North Hobart 7000 (please allow 4 business days for delivery - post no later than 6th November 2013)



**TPFC 2014 Rules, Regulations and Application Form PAGE 1 OF 6**

Welcome to the second annual Tasmanian Pole Fitness Championships in association with the Australian Pole Fitness Championships! The only International Championships in Australia to purely highlight the sport of Pole Fitness, focusing on the strength, grace, flexibility and agility it takes to be an amazing pole athlete. There will be no heels permitted and no need for fancy costumes, as there are no points allocated for costume. All you need is pure pole to win this Championship.

For the Males, Females and Open Pairs divisions there will be one spinning and one static Pole on evening of Championship, **facing out from the stage the right pole will be spinning and the left pole static .**

We are looking for the most elite pole athletes from around Tasmania to compete, to have the honour of being the Tasmanian Pole Fitness Champion. We will be taking only the best applications in all categories.

The Championships will have the following divisions:

**\* Tasmanian Open Mens Division \*Tasmanian Advanced Womens Division \*Tasmanian Open Mixed Pairs Division (may be mixed or same sex) \*Tasmanian Intermediate Womens Division**

The TPFC 2014 will be held at Aurora Sports Stadium, .January 18th 2014

YOU MUST BE FULLY AVAILABLE FROM 12PM ONWARD JAN 18 2014 TO HAVE YOUR APPLICATION CONSIDERED.

All applicants must meet the following requirements: 1. Is at an High level of pole ability in the division applying for, i.e. instructor, has entered other professional pole competitions or is an high level student. 2. Must be a reputable community figure who can accurately represent the Pole Fitness Industry and portray our sponsors and their brands in an accurate light. 3. Have read all the rules and regulations of competition. 4. Completed the entry form, initial each page and sign declaration 5. Must be a Tasmanian Citizen to enter either Division. 6. Include 2 photos of yourself in high resolution—one face shot, one full shot on the pole all with white backdrop. 7. For the Males, Females and Open Mixed Pairs, include a video entry of yourself performing a pole routine, minimum of 1.5 mins on both a spinning pole and a static pole. Open Mixed Pairs entry video must have both entrants performing in the same video

10. Return all of the above to [bec@dcpolefitness.com.au](mailto:bec@dcpolefitness.com.au) by midnight Sunday 10th of November 2013.

**Initials.....**

[www.australianpolefitnesschampionships.com.au](http://www.australianpolefitnesschampionships.com.au)

Tasmanian Pole Fitness Championships are in line with the APFC 2014 Rules & Regulations  
The Title winners (1st, 2nd, 3rd) of TPFC 2013 in each division will receive automatic entry to defend their title in APFC 2014 (no video entry need be submitted, however will still need to send in this application form initialed and signed + provide photos as above)

All applications must be returned by NO LATER than midnight Sunday 10th of November 2013 midnight (AEST). No late applications will be taken. All enquiries should be directed to —

[bec@dcpolefitness.com.au](mailto:bec@dcpolefitness.com.au)

Athlete Name

Sex

Male Female

DOB

Address

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Mobile contact number

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Email Address

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Experience/Titles

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Years of apparatus experience

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Profession

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Affiliation with Pole/Aerial studio

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Finish this sentence...I want to win the Tas Pole Fitness Championships 2014 because.....

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Finish this sentence....The best thing about Pole/Aerial fitness is.....

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[www.australianpolefitnesschampionships.com.au](http://www.australianpolefitnesschampionships.com.au)

Initials.....

**TPFC 2014 Rules, Regulations and Application Form PAGE 3 OF 6  
Rules and Regulations**

**1. Definitions:**

a. "Championships" shall refer to the Tasmanian Pole Fitness Championships 2014 in association with the APFC. b. "Athlete" shall refer to the person filling out application at page 3 of this document. c. "document" shall refer to this entire page document.

**2. To enter you must:**

a. The athlete must be over 18 years of age. b. The athlete must be a Tasmanian Citizen to enter any of the divisions. c. The athlete must fill in application personally and sign each page of document. d. Be of an High level ability of aerial athleticism/artistry within the division applying to enter. e. Must be a reputable member of the community that accurately represent the Pole Fitness/Sport & Aerial Acrobatic Industry and portray our sponsors and their brands in an accurate light. f. Provide a pole instructor as referee to confirm your experience level, unless you are a pole instructor yourself for all entries to Pole Divisions.

**My Pole Instructor Referee is -**

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g. Not have any current contracts or obligations with any other companies related to the Pole Industry that disallows you from entering outside competitions. h. Provide a new video of your entry routine with you holding up a sign reading "application for TPFC 2014". i. Include current photos of yourself in high resolution via email—one face shot and one on the pole (must have black or white background). Please do not include any copyrighted pictures, unless you have written consent and authority from said photographer/event organiser. j. Performance music must not be of the following genres: heavy metal, techno or rap and must not contain any swearing or sexually explicit lyrics. All performance music must be approved of by TPFC organisers **1 month** prior to the event. k. All costumes must be approved **3 weeks** prior to the Championships.

**3. To compete you must abide by the following:**

a. Must be willing to be publicised and make yourself available as much as possible for promotion, advertising, media coverage, commercial purposes etc. b. Be willing to have photos and video entries used in the promotion of Championships. c. All photography and other media footage of the Championships, shall remain the property of the Championships. The Championships reserves all rights of use any or all of photography/media footage at their discretion. d. Athlete agrees that they have no rights to compensation for photography or media footage, before, after or during Championships. e. No photography or media footage taken by performer or associates of athlete may be used without written permission from the Championships.

[www.australianpolefitnesschampionships.com.au](http://www.australianpolefitnesschampionships.com.au)

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#### **4. The Tasmanian Open Men's & Tasmanian Advanced Women's Divisions**

a. The athlete is an elite poler. b. The pole performance must be a minimum of 3 minutes and a maximum 5 mins to music chosen by athlete. c. The title "Tasmanian Womens Pole Fitness Champion" and "Tasmanian Open Mens Pole Fitness Champion" will be held for 1 year from the date of competition or until TPFC 2015 is held. d. Athlete should not have any contact with any judge/judges on the night of the Championships whilst the Championships is running. e. Athlete must not remove any articles of clothing during their performance to reveal an erotic area. f. Athlete must be bare foot, no heels or shoes of any sort. g. Athlete must wear something that covers all erotic areas sufficiently. h. No g-strings. i. Athlete may enter and compete in more than one section of the Championships. j. Athlete will perform on one stationary and one spinning pole during Championships performance. Pole right will be spinning and Pole left will be static (from stage facing audience). k. Performance should demonstrate athlete strength, grace, flexibility and control on the pole. l. Performance must include at least one type of flagging move that must be held for at least 4 seconds and at least one extreme flexibility move including, Jade splits, Russian splits, Cocoon, Allegra, Rainbow etc or any other variation of splits move on the pole. m. There are to be no props of any kind including hats etc. (this Championships is about the athlete not the props) n. There is to be no exotic style dance, booty shaking, overt floor work or movements that would be considered sexual. All dance movement should be of an acrobatic or contemporary style. There is an allowable deduction of 10 points for any sexually overt movements. This does not include body rolls. There is a further 10 point deduction applicable for props, costume issues and falls. o. Any athlete who does not abide by the above rules will be disqualified .

#### **5. The Tasmanian Open Pairs Section**

a. Both athletes are a highly skilled polers. b. The pole performance must be a minimum of 3 minutes and a maximum 5 mins to music chosen by athletes. c. The title "Tasmanian Pole Fitness Open Pairs Champion" will be held for 1 year from the date of Championships or until TPFC 2015 is held. d. Athletes should not have any contact with any judge on the night of the Championships whilst the Championships is running. e. Athletes must not remove any articles of clothing during their performance that will expose an erotic area. f. Athletes must be bare foot, no heels or shoes of any sort. g. Athletes must wear something that covers all erotic areas sufficiently. h. No g-strings. i. Athletes may enter & compete in more than one section of the Championships. j. **Both applicants** for open mixed pairs division must fill in separate forms and enter at the same time. k. Athlete will have the option to perform on **one stationary and one spinning pole, or both spinning or both static** during Championships performance. l. Performance should demonstrate athletes strength, grace, flexibility and control on the pole.

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#### **Rules and Regulations**

m. **Performance must include at least 4 anchor tricks, with at least one being performed by each member of the Pair.** n. There are to be no props of any kind including hats etc. (this

Championships is about the athlete not the props) o. There is to be no exotic style dance, booty shaking, overt floor work or movements that would be considered sexual. All dance movement should be of an acrobatic or contemporary style. There is an allowable deduction of 10 points for any sexually overt movements. This does not include body rolls. There is a further 10 point deduction applicable for props, costume issues and falls.  
p. Any athlete who does not abide by the above rules will be disqualified.

## **6. Tasmanian Intermediate Women's Division**

This division is only open to Intermediate level Polers. a. The athlete is a high level poler. b. The pole performance must be a minimum of 3 minutes and a maximum 5 mins to music chosen by performer. c. The title "Tasmanian Pole Fitness Intermediate Womens Champion" will be held for 1 year from the date of Championships or until TPFC 2015 is held. d. Athletes should not have any contact with any judge/judges on the night of the Championships whilst the Championships is running. e. Athlete must not remove any articles of clothing during their performance to reveal an erotic area. f. Athlete must be bare foot, no heels or shoes of any sort. g. Athlete must wear something that covers all erotic areas sufficiently. h. No g-strings. i. **Performance must include at least one type of invert move that must be held for at least 4 seconds ie - Scorpion or Gemini and at least one flexibility move BUT ARE NOT PERMITTED TO PERFORM THE FOLLOWING ADVANCED MOVES** - A deduction of 10 points will be made for any of the following moves performed in the Intermediate division.

\* jade splits, Russian splits, Cocoon, Allegra, Rainbow etc or any other variation of splits move on the pole. (splits from the floor are accepted - at least one foot should remain on the floor for splits moves)

\* Flag moves including Iron X or any move where the body is held completely horizontally from the pole. (dismounting from a butterfly or other invert is acceptable as long as it's not a 'hold')

\* Handspring or handspring variation or any split grip inverted move where both legs leave the pole.

k. There are to be no props of any kind including hats etc. (this competition is about the athlete not the props) l. There is to be no exotic style dance, booty shaking, overt floor work or movements that would be considered sexual. All dance movement should be of an acrobatic or contemporary style. There is an allowable deduction of 10 points for any sexually overt movements. This does not include body rolls. There is a further 10 point deduction applicable for props, costume issues and falls.

Performance should demonstrate athletes strength, grace, flexibility and control on the pole. Any athlete who does not abide by the above rules will be disqualified . Athlete may enter and compete in more than one section of the Championship.

**Initials.....**

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## **Rules and Regulations**

### **10. Title Winners**

a. The titles "Tasmanian Men's Pole fitness Champion", "Tasmanian Women's Pole Fitness Champion", "Tasmanian Pole Fitness Open Pairs Champions" and Intermediate Tasmanian

pole Fitness Champion” are valid for one year from the date of the competition or until TPFC 2015 is held, whichever comes first. b. Each said title winner should represent the sport of pole fitness in a positive manner whilst being title holder. c. All title winners will be obliged to participate in promotional activity for the duration of their title. d. All title winners will be obliged to participate in promotional activities during duration of their title, that will be discussed post Championships to suit both the title holder and the Championships. Remuneration for promotional activities will be discussed prior to activity and agreed upon by both parties. This may include performances, workshops etc. Championships retains the right to commission on all work given to performer using said title, by the Championships prior, during and after Championships for the duration of title. e. In the case of disqualification of a title holder, the runner up will become new title holder for the remaining duration of title. f. All first place winners from each division must be pictured by official photographer with TPFC trophies prior to leaving the event.

Date.....

I .....wish to enter the Tasmanian Pole Fitness Championships 2014 (full name)

I have read the full details attached to this form and understand and agree to all the rules and regulations of my participation in the Tasmanian Pole Fitness Championships I hereby authorise my performance to be filmed and/or photographed and understand that Tasmanian Pole Fitness Championships own all rights to media and have the authority to use any film/photos at their discretion.

Applicant Name.....

Signed.....

Witness Name.....

Signed.....

**ALL SUCCESSFUL APPLICANTS WILL RECEIVE 1 X DVD OF THE EVENT!**

**TPFC 2014 ENTRY FEE \$75** - Must be paid at time of application (If your application is unsuccessful your application fee will be refunded. Any Applicants that pull out of the Championships will not be refunded under any circumstance and will not be eligible to enter TPFC again (unless a legitimate doctors certificate is provided stating a legitimate health reason that arises to prevent you from competing) Payment can be made via Credit Card over the phone by calling Bec 0439481959 OR bank transfer to 'Diamond Class' BSB 067000 ACC 10748335 (please put name in description) OR cash or EFT at Diamond Class Pole and Fitness Studio **MY METHOD OF PAYMENT WILL BE** .....

**Initials**.....